

The First Published Detoxification Protocol to Help Clear Spike Protein from Cells and Tissues.

By Patricia Harrity | Aug. 28th, 2023

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“People who took the vaccines for the first time took an injection of foreign genetic material that produced spike protein in their body for an uncontrolled duration [of] time and quantity,” says [Dr. Peter McCullough](#), who adds “Many of you still have the spike protein in your cells and your tissues.” “Every study that’s looked at this has actually identified this central issue. The human body does not seem to have enzymes that can break down this protein like it could any other natural protein and have us get rid of it.”

However, [Dr. McCullough](#) explains that there is a [detoxification protocol](#) that allows individuals to proactively address the issue head-on by using three natural substances, **nattokinase, bromelain, and curcumin**, “to help the body **clear this very dangerous protein** from [their] cells and tissues.”

“Although the protocol has not yet been scientifically validated through double-blind, randomized, placebo-controlled trials, [Dr. McCullough](#) argued that clinical

observations indicate a positive impact.

BREAKING--Clinical Rationale for SARS-CoV-2 Base Spike Protein Detoxification in Post COVID-19 and Vaccine Injury Syndromes

Publication of Baseline Protocol for Those Suffering from Long-COVID and Post-Acute Sequelae after COVID-19 Vaccination



PETER MCCULLOUGH, MD

AUG 25, 2021

organs in the human body that is largely responsible for “post-COVID and vaccine injury syndromes.”

No therapeutic claims can be made since large, prospective, double-blind randomized, placebo-controlled trials have not been completed on any of the compounds mentioned in this paper. I checked clinicaltrials.gov and no such trials have been planned. The [Biden HHS US Action Plan](#) for Long-COVID Research has pumped a billion dollars into long-COVID research and no new therapies have emerged. HHS, NIH, CDC, FDA have not recognized the larger issue of vaccine damage to the body.

”Why?” “It’s because this protein is not natural,” argues [McCullough](#).

Dr. McCullough said that he had been messaging the scientific community and the public for several weeks about an approach addressing the burden of Spike protein in tissues and

Professional basketball player Óscar Cabrera Adames collapsed mid-game in 2021. He blamed vaccine-induced myocarditis for the incident. Two years later, he unfortunately died during a stress test at a health center in the Dominican Republic.

The vaccines have left about **15% of those who've taken them with some form of a medical problem**,” according to McCullough, who rightly says, “That is a huge number, [...] “Now, fortunately, about a third of people who took the vaccine; have had no side effects whatsoever, and they appear to be exhibiting no side effects emerging. So, if one took the shot and they’re perfectly fine, didn’t even have a sore arm, they’re extremely unlikely now to develop a problem,”

It is people who developed an initial reaction and were sick for a few days or weeks afterward that McCullough says he “worries about” because of the “late development of myocarditis and cardiac arrest **even two years after the vaccine**” and “Blood clots have been seen to have developed **even two years after the vaccine**”

However, the doctor argues that there is a prevention to the spike protein, “Three words” he says “Base Spike Detoxification.” and explains that it is the very first detoxification protocol that was “the very first” published in the U.S. medical literature, namely, the Journal of American Physicians and Surgeons.

"The Health Benefits of Nattokinase": [explore.globalhealing.com](https://explore.globalhealing.com/nattokinase-health-benefits/)

- **Nattokinase:** An enzyme derived from the fermentation of soy. It has been traditionally used in Japan for its supposed cardiovascular benefits. Preclinical trials show it degrades the Spike protein.
- **Bromelain:** A set of enzymes derived from pineapple stems, approved by the FDA as a topical treatment for wounds. Like nattokinase, it has also been shown to accelerate the clearance of Spike proteins.
- **Curcumin:** The active compound in turmeric, widely used for its anti-inflammatory properties. It also mitigates further damage from the Spike protein.

The recommended doses in the protocol are as follows, per [Dr. McCullough's Substack](https://substack.com/r/DrMcCulloughsSubstack):

- **Nattokinase:** 2000 fibrin units (100 milligrams) orally twice a day without food

- **Bromelain:** 500 milligrams orally once a day without food
- **Curcumin:** 500 milligrams orally twice a day (nano, liposomal, or with piperine additive suggested).

Dr. McCullough recommended taking this treatment triad for at least three months for anyone suffering from or worried about post-COVID or vaccine syndromes, but he also suggested that those

who have received multiple injections may need to take it for **twelve months** or longer.

In Dr. McCullough's clinical observations, “**patients indeed are getting better on this approach.**” He said he has observed people experience relief from symptoms such as numbness, tingling, heart racing, headaches, and loss of senses under this protocol. However, these observations have not yet been supported by large-scale scientific trials.“

Despite a billion-dollar investment in long COVID research by the Biden administration, not a single dollar of funding has been directed toward researching vaccine injuries. So, it won't be the government but dissenting doctors, like Dr. McCullough, who will be leading the way in discovering optimal treatments and management for vaccine injuries, says Vigilant News

“The main safety caveats are bleeding and allergic reactions, both of which are manageable. It is our experience that both nattokinase and bromelain can be used in addition to antiplatelet and anticoagulant drugs with physician monitoring,” wrote Dr. McCullough on his Substack page.

The full manuscript is linked and serves as your reference. While we are seeing case examples of improvement, we aim to collaborate with others as we did with the McCullough Protocol, to demonstrate clinical effectiveness of Base Spike Detoxification as a fundamental strategy for a large number of individuals who

have suffered long-term consequences from SARS-CoV-2 infection and COVID-19 vaccination.

Sources:

[Dr Peter McCullough on Substack](#)

[Click to access mccullough.pdf](#)

<https://zenodo.org/record/8286460>

[Vigilant News](#) (– sponsored article promoting a product).

Disclaimer: The views above are those of Dr. Peter McCullough and are being shared here for those individuals who may have worries following COVID-19 vaccinations and wish to be proactive in seeking possible prevention for adverse effects. The Expose cannot make any guarantees concerning the above advice or any benefits that have been claimed.

<https://expose-news.com/2023/08/29/the-first-published-detoxification-protocol-to-help-clear-spike-protein-from-cells-and-tissues/>